



# *Golf Goss*



*October 2010*

## *Margaret River Golf Club Member's Monthly Newsletter*

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### ***President's Perspective***

***Ray Mann***

Refreshed from an overseas trip (which included zero golfing activities) I have returned to a very active period at the Club. There has been a flurry of open events with the Wealth Plus Weekend and the Amputees and Disabled Golfers Charity Day competitions both being successfully held and the Women's Classic and the Watershed Men's Open events both to be conducted over the next few weeks. Well done to the Match Committee and all those involved in running these events smoothly and to Christl for her work behind the scenes.

Work on the recycled water pipeline should recommence next week and is on target to be completed by Xmas. After such a dry spring, this will give the ground staff some latitude in using water now to maintain the course in good condition over summer.

Best wishes go out to Mark Lewis and Monique on their forthcoming marriage in early November. The Club wishes them a long and happy life together.

Finally, don't forget the AGM on Wednesday 17 November and please give some thought to putting your hand up for one of the vacancies on Committee.

Good Golfing – the Pres

### ***Committee Meeting Highlights – 12 October***

**Bees** - Members should please be aware that the bees are back on the Ladies 7<sup>th</sup> tee. Mark Lewis intends moving this tee to a better position away from the bees.

**Trees** have been removed from around the 14<sup>th</sup> green and one tree on the line of the irrigation pipes has unfortunately had to be poisoned to prevent damage to the pipes.

**Coring** - Helpers / volunteers are required to assist with the coring from 8am on Monday 8 November.

**Nomination Fee** – Waiver extended until 30/4/2011.

**Financial** report very pleasing overall with green fees and bar profits up on first quarter compared to last financial year. Increase in Memberships and levy fees have made a significant impact.

### ***Captain's Comments***

***Richard Catchpole***

Commencing 1 November, men's comps will have a main prize allotted for the overall winner of A, B and C grades only. A voucher will be given to the winner of the Gross and to the runners up of each grade. However, only one prize will be given to any one person on the day. If the field is small, a voucher may not be given to the winner of the Gross. The Monthly Mug acknowledges the Gross winners.

Myself and Mike Basford will be working out the handicap grades and will put these in Golf Goss to advise all Members. We will also be advising all sponsors and requesting these changes to the prizes they provide.

### *Penny Foy*

The Wealth Plus event was a great success once again with very good sponsorship from them. Thanks to Peter Bojanich and Michael Basford for all their help with this event.

**Bar Hours** – As the Ladies golf season will be finishing at the end of November and they will be reverting to playing a 9 hole comp, the bar will no longer be open on a Wednesday. Service will resume when the new golf season commences next March. The Bar will however be open for Twilight on Friday afternoons, commencing November.

**Country Week** - Mal Bromley reported that Country Week for the men was very successful with 13 Margaret River men travelling up to Perth to play. Matt O'Connell and Peter Norris were the most successful of the bunch, finishing runners up in the 4BBB.

### *Welcome New Members*

**7 Day Members** – Ash Henderson, Geoffery Charles Slater and Stephen Kowalenko

**9 Hole Senior Member** – Bruce MacAulay, **Junior Member** – Rhys Willmott and

**Country Members** – Penny Bower, Mark Fitzpatrick

### *Golf Shop Gossip*

Your newly extended and fitted out Golf Shop has some great Footjoy Golf Shoes now in stock and if they don't have what you want, you can order off the catalogue or design you own Myjoys golf shoes – how cool is that? They also have a fantastic range of shirts and other clothing so call in next time you're at the Club and check it out.

### *Buggies in Golf Club Buggy Shed*

Your Club Secretary Christl has asked if all Members could please, if possible remove their buggies and bags from the buggy shed **before or by Thursday 28 October** in readiness for the Ladies Classic. This is only for three days over that weekend to make room for the 232 players entered in this event and as most of you know, is done every year. Clearing out the shed will also mean that the area can receive a well needed spring clean. Your cooperation with this request is greatly appreciated.

### *Course Comments*

A friendly reminder to Members – keep up the good work and please keep filling in those divots both on and off the fairway and any pug marks on the greens. This makes such a difference to the condition of the fairways and the playing of the course.

### *Golf Course Driveway and Adjoining Cycle Path Crossover*

There can't be any one of us who wouldn't be truly devastated if we knocked someone over while driving our vehicle, and while I'm sure we all take great care on the roads, how many of us are aware of the cycle path that crosses the Club driveway on Wallcliffe Road – and how easy it would be to have a collision with a cyclist crossing in front of the driveway. Until someone pointed this out to me I personally had not really registered this fact. So fellow Members, next time, and every time you leave the Club, please, slow to a stop at the gate, before you reach the road, and check right and left for both pedestrians and cyclists. Also, when turning into the driveway, do so slowly, checking right and left – just in case.

## ***Golf WA News***

### **Golf WA Launch**

Golf WA was officially launched on 24 August 2010 by the Hon. Terry Waldron MLA, Minister of Sport and Recreation, Racing and Gaming at Royal Perth Golf Club. Golf WA will now be the lead body for golf in Western Australia.



### **Golf WA Board**

Max Hannah – Chairman, Dianne Tomlin - Deputy Chair, Frank Bryant, Grace Letizia, Alan Bradshaw, Rick Malone, Greg Norrish and Lisa Bradock

Chairman Max Hannah spoke about how the process has taken several years, but it has been a thorough process and thanked everyone involved. He asked all the district associations to become involved in the process as there would be pressure on them to go through a reform process. A special mention was given for Dianne Tomlin, Deputy Chair and current President of Women's Golf WA for her tireless efforts during the process. Max also acknowledged the support received from the State Government, through the Department of Sport and Recreation as the funding, which has been increased by some 50%, will provide the opportunity to introduce a number of new programs for golf in WA. A Chief Executive for Golf WA is expected to be appointed by the end of September 2010.

## ***Results and General News***

The Wealth Plus two day Canadian Foursomes event at the end of October saw 106 golfers playing in perfect golfing conditions, with Presentations and Dinner held on the Sunday night. The 2010 Lighthouse Trophy Nett winners were Paul and Anne Chemelo from Mt Lawley with Rod and Simone Bedford coming close runners up. The Winners of the Gross were Mal Bromley and Sue Bloxam.



## ***Congratulations***

### ***Geoff Barrett***

Winner of the Griffiths Cup Par Trophy for 2010  
kindly sponsored by Cowaramup Agencies



Eagle – Gary Hinkley Hole No 2 on 16 October  
Congratulations Gary

## ***Golf Link Cards***

Good news – (in the main) competitions from now on will be run on line – which means that you will need to carry your Golf Link Card and swipe it to log in for the competition each time you play. This will give you your current playing handicap and register you for the game of the day. A computer has been allocated for this purpose – thanks to Mick O'Hara for setting this up. Remember, you will need your golf link card so either carry it with you or put it in your golf bag. If you can't find your card or have lost it, please ask Christl if she could organise a new one for you.

As always, any news, views or other gossip that you would like to be considered for publication, please let me know – either by email – [drglasson@bigpond.com](mailto:drglasson@bigpond.com) or on 9757 3371. *Lynda Glasson*

## Upcoming Events to Note

October 29<sup>th</sup>, 30<sup>th</sup>, 31<sup>st</sup> – Margaret River Ladies Classic

October 30<sup>th</sup> (Sat) – Men's Stableford – 2<sup>nd</sup> Test Teams Challenge at **Augusta**

November 17<sup>th</sup> (Wed) Club AGM – 7.30pm in the Clubhouse  
Nominations being sought for several positions. Please refer to the Notice Board in the Clubhouse.

November 27<sup>th</sup>, 28<sup>th</sup> Watershed Premium Wines, 2 day Mens Open 36 hole Stroke Comp

## It's All in the Mind

### Anchoring Technique

Many of the techniques for remembering how to play your best shot rely on imagery: Having a clear mental picture of the shot you want to make or the shot you remembered making so well.

Another way to remember good shots is to use kinaesthetics: having a physical memory of the good shot, that is “feeling” rather than “seeing” the shot. Professional golfers are much better at monitoring their bodies and emotions than most of us when on the golf course. One of the tricks to remembering the feeling of a good shot is to *anchor it on your body*. This is a simple yet powerful technique. The next time you have a good shot, one that you would like to remember and be able to reproduce at will, spend a second or two noting how it felt and then press on a part of the body to anchor the memory. It doesn't matter where you anchor it as long as it is easy and gentle to do. You might want to lightly touch your right shoulder, or press gently into the bone of your wrist just near the base of your left hand, or to squeeze the little finger of your right hand. As you do this, imagine this little touch is storing the exact feeling of the good shot you just made. To test this, next time you want to reproduce the shot, touch that same place just prior to setting up to the ball. Touching the same spot will release the memory back into your conscious competent self - at a kinaesthetic level. Trust that your body will remember how to deliver the good shot. Trust is the key. What have you got to lose ? Give it a try.

## On the light side.....Tee Hee!

GOLF! What a game.

You hit down to make the ball go up. You swing left and the ball goes right.  
The lowest score wins. And on top of that—the winner has to buy the drinks!

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"Here's one you'll understand."